



DO YOU NEED SHORT TERM HELP?

We have a group of Cottesmore based volunteers who are at hand to provide help if you need it

Short-term illness or injury?

Bad weather?

We can provide help with things like shopping, other errands, and dog walking.

We also have volunteer drivers who can provide lifts for medical appointments

Please ring

Joan Edwards 01572 813317 or 07858324423

Juliet Burgess-Ray 07903 021063

Jackie Piper 07940359811 / 01572 813023